Menai High is a modern, superbly equipped, comprehensive school located in a peaceful bushland setting. With an impressively diverse curriculum, a wealth of sporting opportunities and exciting extracurricular experiences, Menai High can provide a pathway to success for all of our students, both national and international. Menai High School was awarded the prestigious "Peacemaker" Award in recognition of our peaceful, harmonious and non-violent school culture and our anti-bullying programs and the NSW NAB Schools First State Impact Award for Optimising Health and Learning.

**Extracurricular activities**
- Marine studies (Years 9 – 12)
- Automotive courses
- Boating programs

**Performance**
- Concert and stage band
- Dance – many styles taught
- Drama programs

**Special facilities**
- Well-equipped marine biology laboratories
- Sheep and cattle stud on-site

**Languages**
- Japanese (Years 9 to 12) Beginners and Continuers (Years 11 and 12)
- Other languages offered through the Open High School

**Local area features**
Menai High School is situated on a peninsular between the Woronora and Georges Rivers. The school is approximately 34 kms from Sydney CBD accessible by car (35 minutes) or train (30 minutes) from either Sutherland or Padstow stations which are a 10 minute bus trip from the school.

**Sports offered**

<table>
<thead>
<tr>
<th>SUMMER</th>
<th>WINTER</th>
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<tr>
<td>Term one and four January-April • October-December</td>
<td>Term two and three April-June • July-September</td>
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</tbody>
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- Athletics
- Baseball
- Basketball
- Boating
- Dancing
- Fishing
- Surfing
- Touch football
- Swimming
- Water polo
- Basketball
- Boating
- Football
- Hockey
- Netball
- Surfing
- Touch football

Note: School sport offered in Years 7 to 10. Senior students may join junior teams at school. Weekend competitions through local clubs also available.